Martial Arts Therapy Classes

Physical/Mental Rehabilitation  Pain/Fear/Anger Management
Cognitive Enhancement   FUN   Psycho-Social Development

At the Dojo for Disease and Disabilities!

Train the Brain to Ease the Pain with muscle gain while staying sane

Help People Take an Active Role in Their Healing with Cross Circuit Neural Training

- Psycho Neuro analgesics and Immunology - Guidance Imagery  Sensory Integration Chisage
- Psycho-Cognitive Kinetic Connections  Vestibular & Sensory Systems Training and more
  Learn the Neuro-Science of Martial Arts Therapy

Where/When:  Dojo for Disease and Disability 70-62 Kissena Blvd. Flushing NY and at client’s home or school

When:  Tuesdays/Sundays or Individual Scheduling
Cost:  $250/Hour - Generous Scholarships Available

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Former Trainer of pre-med students at the University of Pennsylvania

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