

Martial Arts Therapy–Kids Combating Cancer

Penn University Martial Arts Therapy Chapter

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www.martialartstherapy.org

<http://www.ny1.com/?ArID=122245> NY TV News Interview

Train the Brain to ease the Pain



A natural approach to optimize Health, Fitness and Healing for kids with cancer and other illnesses, disabilities and injuries

To whomever it may concern

I would like to extend Penn Martial Arts Therapy's thanks and my own thanks to Rabbi Sensei Moskowitz and Martial Arts Therapy New York City for their integral role in founding, supporting, and developing Penn Martial Arts Therapy at the University of Pennsylvania.

As current President of PMAT and having joined PMAT as a general member during PMAT's first year at UPenn, I have been privy to the group's fast development and establishment at not only the university but also in the greater Philadelphia area. Today, as PMAT conducts Martial Arts Therapy sessions in four different schools in Philadelphia and works in collaboration with the Children's Hospital of Philadelphia and United Spinal, I can speak towards the help Sensei Moskowitz and MAT-NYC have been to help PMAT achieve what we have.

PMAT has not only been a leadership experience for me, helping establish the club as it is, but it has also given me unique and invaluable experience with child patients of cancer, cerebral palsy, ASD, and wheelchair-bound disabilities. Working with these kids through a medium that they enjoy and actively want to take part in has given me insight into the importance of patient engagement in their treatment and the positive effect of the same on their health. No where else would I have been able to be part of creating an organization that allows kids to have fun while doing therapy (both physical and emotional) and allows student-instructors the opportunity to see first hand into the lives of patients living with these conditions.

It is for these experiences and opportunities that I and the members of PMAT sincerely thank Rabbi Sensei Gary Moskowitz and MAT-NYC for their help and role in PMAT's, and our own, development.

Thanking you

Sincerely

Vishal Dasari

President, Penn Martial Arts Therapy