

# Martial Arts Therapy–Kids Combating Cancer

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[www.martialartstherapy.org](http://www.martialartstherapy.org)

Train the Brain to ease the Pain

<http://www.ny1.com/?ArID=122245> NY TV News Interview

<http://cityroom.blogs.nytimes.com/2010/09/04/sweat-helping-children-kick-at-ninjas-and-cancer/>

## *Energy, Education, Empowerment*



**A natural approach to optimize Health, Fitness and Healing for kids with cancer**

**and other illnesses, disabilities and injuries**

**All Our Programs Below are FREE for the Children we help**

**Caution: Side Effects affect 99% of our clients – Extreme fun, happiness & feeling healthier was reported**

### **Psycho-Neuro-Analgesics**

Pain/Fear/Stress Management through Guidance Imagery, meditation, pain tolerance conditioning Bio-Feedback

### **Psycho-Neuro-Immunology Infection Prevention**

Healing by Self-Instructional Communication to your brain – Journal Therapy  
Altered States of Mind – Changing levels of consciousness, Hypnorate

### **Exercise Medicine**

Administering to your body natural chemicals for healing  
adrenaline, endorphins, serotonin, dopamine etc.

### **Cognitive Kinetic Connections**

Enhancement of deep learning through kinetics of martial arts  
Increasing neuro-pathways through our cross training approach

### **Vestibular Systems Training**

Taxing the vestibular system to increase balance and coordination

### **Diagnostic Procedures**

Cognitive Vestibular Quotient – Sensory Integration - Energy evaluation

### **Motivational Rehabilitation/ Mental Judo**

Inspiring kids offering inducements and incentives enticing them  
to move and think in ways that were considered once hard or  
seemingly impossible & redirecting negative & positive thoughts.

### **Cooperative Education**

Group/Unit Training – Chi Sao-Sticky Hands Training

### **Chi Kung Training**

High Energy Empowerment Training – HEET

Circular motion – generating natural energies in body's chemistry  
Exposure to Solar/Electro-Magnetic Energies: Beach, Sunlight,  
Ocean, Water, Sand, Wind, Forest/Gardens, Trees, Bushes,  
Plants, Rainfall, Waterfalls -

Sensory generated energies - Music, Art, Dance,

Powers of Natural body/emotional energies-Ego, Anger, Sex/O-Chi etc.

<b><u>Chisage</u></b>	Acupressure & Aqua-pressure applied to patient in circular motions like shiatsu <b>Thermal energy application</b>
<b><u>Trenergy</u></b>	Concept of transferring energy from person/group to patient Biorhythms, Excessive Dosages of Love, A Touch of Hope, Collective Conscious
<b>Music/Dance</b>	Cadence, Rhythm Progression, Euphoric Flow, Songs of caring,
<b>Placebo &amp; Hope</b>	Making patient believes s/he can and will be healed
<b>Physical Fitness</b>	Cardiovascular, Flexibility, Building/Balancing Muscle Tone Balance, Coordination, Agility, Speed
<b>Aqua-Sensory Awareness</b>	Training your breath underwater and advance vestibular system
<b>Psycho-Sleep Patterns Dream Therapy</b>	Using deep sleep and meditation to promote immunology Visceral Positive Dreaming Preparation
<b>Nutritional Health</b>	Proper diet and nutritional supplements along with above training
<b>Martial Therapy Counseling</b>	Anger/fear/anxiety control & creating an intense sense of purpose and to connect to a higher being/order
<b>Emotional/Mental Fitness</b>	<b><u>Help and Heal</u></b> - Having sick and injured children helping others
<b>Intimate Connections</b>	Self Intimacy-Getting in touch within & building strong emotional relations with instructor & those who help in the healing process.
<b>Spiritual Fitness-Prayer</b>	Practicing of the indomitable spirit as learned through the martial arts
<b>Recreational Rehabilitation</b>	Mainstreaming - Training with other healthy and sick children
<b>Research</b>	Encourage medical research in these age old techniques with NIH
<b><u>Preventive Care</u></b>	<b><u>Keeping kids healthy fighting obesity leading to release of dormant diseases</u></b>
<b>Public Relations Sensitivity/Empathy Training</b>	Publicity – gaining attention to assist client/patient to attract other medical researchers to work on their case and to raise awareness to help others in similar plight and to raise requisite funds

### **Supplementary Training**

#### **Cognetics Curriculum – Cognitive Kinetic Connections**

**Bilateral Skills** – allowing the efficiency of both sides of the brain to work together

**Vestibular Balance** – Resulting in longer attention span, body awareness & less injuries

**Motor Coordination** – for enhanced learning and organization and being self-efficient

**Processing Speed** – building quicker recall and scholastic confidence

**Core Training** – For improve posture and focus while sitting or while in motion

**Rapid Naming** – improving auditory and visual memory

**Visual and Audio Tracking** – enabling the eyes and ears to follow



Helping sick and disabled children through - Martial Arts Therapy-Kids Combating Cancer program

**Help us help them - [www.martialartstherapy.org](http://www.martialartstherapy.org)**

**Martial Arts Therapy-Kids Combating Cancer Media Links:**

[http://queens.ny1.com/content/top\\_stories/122284/queens-person-of-the-week--local-rabbi-helps-kids-kick-pain--illness](http://queens.ny1.com/content/top_stories/122284/queens-person-of-the-week--local-rabbi-helps-kids-kick-pain--illness)

NYX <http://cityroom.blogs.nytimes.com/2010/09/04/sweat-helping-children-kick-at-ninjas-and-cancer/>

<http://www.youth1.com/martial-arts-latest-features/rabbi-uses-martial-arts-to-help-sick-kids.html>

Aug 2010 <http://forumnewsgroup.blogspot.com/2010/07/battling-cancer-with-martial-arts.html>

[http://www.queenscourier.com/articles/2008/09/18/healthwise\\_main/feature\\_story/news01.txt](http://www.queenscourier.com/articles/2008/09/18/healthwise_main/feature_story/news01.txt)

Queens Chronicle – Enter the Rabbi Sensei Helps kids fight illness by Ben Hogwood 9/11/08

[http://www.zwire.com/site/news.cfm?newsid=20117407&BRD=2731&PAG=461&dept\\_id=574907&rfi=6](http://www.zwire.com/site/news.cfm?newsid=20117407&BRD=2731&PAG=461&dept_id=574907&rfi=6)

[http://www.qchron.com/news/central/enter-the-rabbi-sensai-helps-kids-fight-illness/article\\_fd0ba21e-4171-](http://www.qchron.com/news/central/enter-the-rabbi-sensai-helps-kids-fight-illness/article_fd0ba21e-4171-5a81-84c5-5bef0c1ed22f.html)

[5a81-84c5-5bef0c1ed22f.html](http://www.qchron.com/news/central/enter-the-rabbi-sensai-helps-kids-fight-illness/article_fd0ba21e-4171-5a81-84c5-5bef0c1ed22f.html)

<http://www.foreshillstimes.com/StoryDisplay.asp?NewsStoryID=8525&PID=6>

<http://forumnewsgroup.blogspot.com/2008/09/adding-kick-to-conventional-medicine.html>

<http://www.impre.com/eldiariony/noticias/comunidad/2010/12/12/a-patadas-y-puntilde;etazos-co-227660-1.html>

Suffolk Community News Ms. Lane

Action Martial Arts Magazine

Queens Tribune

Jewish Press

<http://www.yadempowers.org/yh-news/martial-arts-and-yad-hachazakah-jdec/>

<http://empowerfitnow.com/about2.html>

**Television:** Fox TV CNBC RTL News 12 BX Westchester cable Two weeks Post 9/11

<http://video.foxnews.com/v/1063109989001/what-parents-can-learn-from-kletzky-tragedy>

<http://video.foxnews.com/v/1063387130001/after-the-show-show-self-defense-techniques>

<http://video.foxnews.com/v/1063075782001/family-mourns-death-of-8-year-old-boy>

[http://www.wpix.com/videobeta/c5538abe-e9ff-4c43-b46b-e5fd65fa951a/News/RAW-VIDEO-Rabbi-Gary-](http://www.wpix.com/videobeta/c5538abe-e9ff-4c43-b46b-e5fd65fa951a/News/RAW-VIDEO-Rabbi-Gary-Moskowitz-oN-cHILD-sAFETY)

[Moskowitz-oN-cHILD-sAFETY](http://www.wpix.com/videobeta/c5538abe-e9ff-4c43-b46b-e5fd65fa951a/News/RAW-VIDEO-Rabbi-Gary-Moskowitz-oN-cHILD-sAFETY)

**CBS-Protection** <http://www.youtube.com/watch?v=MRCS7qJFFs8&feature=related> Sean Hennissey reporter

CNN <http://www.youtube.com/watch?v=sHVOwrwpet4&feature=related> Reporter Mary Snow/Wolf Blitzer

NY Post Front Cover <http://www.youtube.com/watch?NR=1&v=MGiyQSeDroo> reuven Fenton reporter

Tablet Magazine [http://www.youtube.com/watch?v=c1aYG\\_H6GcU&feature=related](http://www.youtube.com/watch?v=c1aYG_H6GcU&feature=related)