

# Abilities Expo Shabbaton

with

**Martial Arts Therapy-Kids Combating Cancer and Disabilities**

917-916-4681

[www.abilitiesexpo.com](http://www.abilitiesexpo.com)

[www.martialartstherapy.org](http://www.martialartstherapy.org)

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## Refuah Across America Weekend

**Join Hundreds of high school, college and graduate students who are ready to Reach & Rescue kids with serious illnesses and disabilities**

The Abilities Expo is the most important conference in the USA bringing together vendors and the latest medical, therapeutic and special services information for the disabled community.

Featuring our Martial Arts Therapy Camp for seriously ill and disabled children  
Learning to heal and protect – Become a Hero and learn to create Heroes

**Where: NJ Convention & Expo Center When: Wednesday May 1<sup>st</sup> 2013 – Sunday May 5<sup>th</sup>**  
**Contact: Rabbi Gary Moskowitz Director Martial Arts Therapy 917-916-4681**

*Martial Arts Therapy will be hosting training seminars for Level 1 & 2 instructor certification for health & medical professionals, martial arts instructors, Clergy & student interns on:*

- Mind/body link – Neuro-Science/MAT research
- Psycho Neuro Immunology & analgesics
- Meditation techniques – the science of breath
- Internal energy training – Ki or the Chi Kung
- Empowerment-Self-confidence & coping skills
- Legislative Lobbying for the sick/handicapped
- Offset precursors of obesity and illnesses
- Dissipate Fear and frustration
- Petition–Higher entity life force guiding us
- \*Pattern Recognition - Healing Martial Arts Forms
- \*Pain/Fear/Anger Management – Guidance Imagery
- \*Trenergy – Biorhythms-Transferring energy
- \*Exercise Medicine & Optimum Fitness and Health
- \*Cognitive Kinetic Connections – Learning quicker
- \*Vestibular Systems & Sensory Training and Focus
- \*Public Sensitivity and Awareness Training
- \*Cope w/ mood swings-combat psycho/socio drama
- \*Virtual Karate & Judo Competitions



### Special Training for Physical and Occupational Therapists

Start a MAT group at your school or campus      Student      Internships      are      available  
**Give “Nishmat Chayim” the Breath of Life and rejuvenate the Neshama**